

FIND & LIST

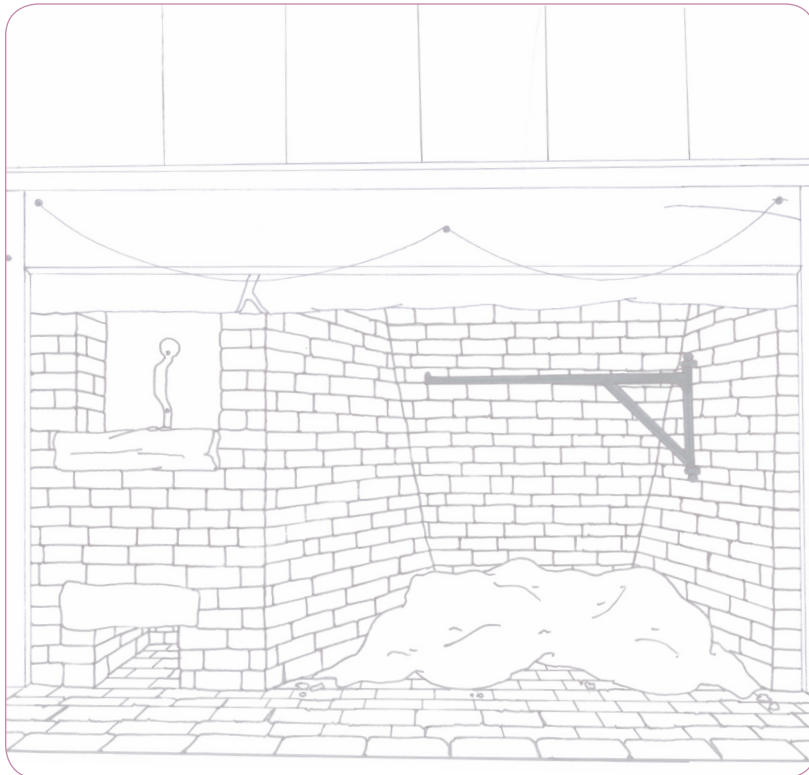
Visit the **FREEMAN FARM HOUSE**. Look around the kitchen, buttery, and storage areas.

FIND & LIST all of the food items you see.

CIRCLE the 5 foods you think people ate the most.
CHECK YOUR GUESSES by asking the costumed historians.

DRAW

Find a kitchen where people are cooking. **DRAW** the items you see around the hearth. **LABEL** everything.



DILEMMA

Imagine you are making a cake in your bake oven. You lose track of time and burn your cake. You don't have time to make another cake before your guests arrive for tea.

What do you do?

MAKE

Cook this delicious recipe at home!

CUP CAKE

*Cup cake is about as good as pound cake, and is cheaper.
One cup of butter, two cups of sugar, three cups of flour,
and four eggs, well beat together, and baked in pans or cups.
Bake twenty minutes, and no more.*

– Mrs. Child, The American Frugal Housewife. 1833.

CUP CAKE

Ingredients:

1 cup butter, softened
2 cups sugar
3 cups all purpose flour
4 eggs

Cream together butter and sugar.
Add eggs, 1 at a time
Add flour and stir until combined
Bake at 350 degrees for 20 minutes.
Test to make sure it's done.



OLD STURBRIDGE VILLAGE COOKING AND EATING!

BIG QUESTION: How did people feed their families?

INTERVIEW

INTERVIEW the costumed historian who is cooking. Your goal is to find out what people were eating and how food was preserved.

Q. What does it mean to preserve food?

Q. What are the ways that food was preserved in the 1830s?

Q. How is food preserved now?

Q. What did people eat for breakfast? Lunch? Dinner? Snacks?

WATCH



Visit the TIN, BLACKSMITH, or POTTERY SHOP where cooking tools were made or repaired. Watch the tradesman closely.

What are they making?

Welcome!

to Old Sturbridge Village

Use this map and list of today's activities to explore Old Sturbridge Village. Learn about life in rural New England between 1790 and 1840, and how early American living applies to your life today. Talk with costumed historians and artisans, meet our heritage breed animals, see 19th-century demonstrations and witness history coming alive!

FOR THE SAFETY & COMFORT OF ALL:

- Silence all mobile devices to help us preserve the 1830s experience.
- Please do not touch or feed the animals – both farm and wild!
- Walk carefully on the Village's natural roadways.
- Please do not walk or climb on fences, walls and trees.
- Eating and drinking is not permitted in historic buildings and exhibits.
- Smoking is not permitted in the Village.
- Tripods and selfie-sticks are not permitted.
- Soliciting is not permitted unless authorized by management.

PHOTOGRAPHY

Photography in Old Sturbridge Village is permitted for personal use only. By entering the museum, you agree to the use of your image for publicity purposes.

ACCESS INFORMATION

Many exhibits are accessible. See the * symbol on the map. Wheelchairs are available on loan at the Visitors Center.

CONNECT WITH US



MAKE HISTORY!  WWW.OSV.ORG

